

# Type II Diabetes

Take Charge of Your Health! Without Health Insurance

## **PROGRAM INCLUDES**

(No Out of Pocket Cost)

- DIABETIC OFFICE VISITS
- LANCETS, TESTING STRIPS, GLUCOMETER
- DIABETIC LABS
- DIABETES EDUCATION
- NUTRITION COUNSELING
- \* FXFRCISF PROGRAM
- \* DIABETIC EYE EXAM
- TRANSPORTATION TO AND FROM CLINICAL VISITS

### **ELIGIBILITY**

- REGISTERED UNINSURED MORTON PATIENT
- \* TYPE II DIABETIC
- MUST SIGN A DIABETES TREATMENT AGREEMENT PLAN

## **Keep Your Diabetes in Check!**

Schedule Your Appointment And Transportation Today! 918-587-2171

## KNOW YOUR A1C LEVELS (918) 587-2171

#### DID YOU KNOW...

#### \* TYPE II DIABETES IS MORE COMON IN:

- \* AFRICAN AMERICANS
- \* NATIVE AMERICANS
- \* HISPANICS
- \* ASIAN AMERICANS
- \* DIABETES PATIENTS ARE MORE LIKELY TO DEVELOP DEPRESSION.
- \* WEIGHT LOSS AND INCREASED PHYSICAL ACTIVITY REDUCES THE RISK OF TYPE II DIABETES.



- \* STROKE
- \* HEART DISEASE
- \* HYPERTENSION
- BLINDNESS
- \* KIDNEY DISEASE
- AMPUTATIONS
- \* FOOT PROBLEMS
- \* DENTAL DISEASE

#### **PARTNERS**

GEORGE KAISER FAMILY FOUNDATION FOOD BANK OF EASTERN OKLAHOMA HUTCHERSON BRANCH YMCA





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- DIABETES EDUCATION
- **NUTRITION COUNSELING**
- **EXERCISE PROGRAM**
- DIABETIC FYF FXAM
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#### **SIDE EFFECTS INCLUDE:**

- STROKE
- **HEART DISEASE**
- **HYPERTENSION**
- **BLINDNESS**
- KIDNEY DISEASE
- **AMPUTATIONS**
- **FOOT PROBLEMS**
- DENTAL DISEASE

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